



Parents as Teachers®

What to expect

Times and format:

**Join Us at the Urban
League Employment
& Training Center**

**1233 McKenna Blvd,
Madison, WI 53719**

**10:00 am - 11:30 am
The First Tuesday of
the month:**

May 2, 2023

June 6, 2023

August 1, 2023

September 5, 2023

October 3, 2023

**Registration is
required for
Each Session:**

Contact Paula Reif

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Hope & A Future

What You Do Matters

You know more about your child than anyone!
But there may still be times when you have
questions ... about what's going on in his brain ...
about his development ... or about things you can
do together to help him grow and learn.

Four Week Parent/Child Class for Parents and their children age

15 months - 5 years

During this **five-session series**, you'll learn how play and everyday interactions help your child's development. There will be time to share your own experiences, ask questions, and try out activities you can do together at home.

Session 1:

Your Child's Brain and Its Amazing Potential"

All children grow at their own pace, but we'll explore the overall patterns in their head-to-toe development. You'll see videos and do activities that show how our brains work.

Session 2

"Movement and Motion"

Your child's body is made to move! As he rolls, runs, or eats with his fingers, he's also taking in information through all of his body's parts. Find out how all the input and output comes together through your child's brain.

Session 3 "Feelings"

Babies use emotions and social interactions to help them figure out what's going on in their world. Over time, they learn to understand and control their own emotional responses – but it's not always easy, even for their parents!

Session 4 "Now Hear This!"

Language has two parts: what your child produces and what your child understands. He starts listening long before he starts talking – find out what happens in between.

Session 5

"What Do You Think?" & "Making It a Routine"

Your child's thinking abilities – to remember, imagine, and figure things out – are making huge leaps during these early years! There's so much you can do to help, and play is a big part of it.

Think about how what you do at home has changed because of what you learned about your child's development. How can you keep building on this in the future? What are some ways you can share this information with your child's other caregivers and teachers? What they do matters too!